



LADIES IN THE HOUSE

March 8th Celebrate International Women's Day with the Flyest Women Artists in Town!

Press Release

Ottawa – February 23, 2008 – Picture a DJ, an MC and a breakdancer. Now tell the truth – how many of them were women? Chances are pretty good your answer is none.

Enter *Ladies in the House*, a new International Women's Day event where the 'Sisters are Doin' it for Themselves'! Saturday March 8th Babylon Nightclub will be bumpin' with a celebration of Women you won't soon forget. DJs Jas Nasty and Karyen have teamed up with Bgirl Sabre Tooth to create *Ladies in the House* – a club night showcasing the power, energy and creative spirit of some of the most talented female urban artists in the nation's capital.

5 DJs are lined up to drop a mix of hip hop, funk, dancehall, electro and breaks and Ottawa native Alanna Stuart will be in town from Toronto, gracing the stage as MC and songstress for the evening. The night will also feature live art demos and the biggest all bgirl breakdancing cypher Ottawa has ever seen!

International Women's Day is an important day that has become a global celebration of the economic, political and social achievements of women all over the world. It's a day that encourages us to consider and take steps to promote equality for women and girls in all our diversity and to celebrate the collective power of women past, present and future.

"Ladies in the House is about raising the profile of International Women's Day in Ottawa and raising funds for a good cause," says Sabre Tooth, aka Sabra Ripley, a bgirl with DeCypher Cru and one of the coordinators for the night, "but it's also about showcasing some of the creative women in our city and rockin' the house while we're at it!"

The organizers have created a blogspace, at <http://ladiesinthehouse.wordpress.com>, which features information about participating artists, encouraging you to check it out and get in touch with the artists if you like what you see. They're also raising funds for Harmony House, a second stage women's shelter in Ottawa assisting women and their children make the transition from a life of fear and abuse to one of security, confidence and independence. The coordinators encourage both men and women to come out and support this special event.

Visit our blog at For more info about Ladies in the House or any of the featured artists visit our blog at <http://ladiesinthehouse.wordpress.com> or contact Ladies in the House co-ordinators Karen Nimblett (dikaryen@dkaryen.com), Sabra Ripley (sabraripley@hotmail.com), or Jasmine Courneya (jasminecentric@yahoo.ca). Info about Harmony House can be found at www.harmonyhousews.com/



LADIES IN THE HOUSE!

An International Women's Day Party

FT. **THE HUGE ALL B GIRL**
ALANNA CYPIER!
STUART (BONJAY)

DJs:
 TR REVOLUTION
 RUBY JANE
 KARYEN
 JAS NASTY
 C.P.i

\$6 min

LIVE ART: ZEPOL
RHEANNA FRASER + MORE

BABYLON 317 BANK
SAT. MARCH 8 '08

in collaboration with:
 ladyfest ottawa

Proceeds will go to Harmony House local women's shelter.
 For more info: harmonyhousenews.com
LADIESINTHEHOUSE.WORDPRESS.COM